

# My Go-To Books for Coping with Life Personally and Professionally

Denise Laurin-Donatelle

*Art and Fear* by David Bayles and Ted Orland

*Creativity: Where the Divine and Human Meet* by Matthew Fox

*Illuminata: A Return to Prayer* by Marianne Williamson

*Taming Your Gremlins: A Guide to Enjoying Yourself* by Richard D. Carson

*The Artist's Way* by Julia Cameron

*The Diamond in Your Pocket* by Ganga-Jin

*The Gift of Imperfection* by Brené Brown

*When Things Fall Apart* by Pema Chodron

*You Can Heal Your Life* by Louise Hay